



# Weekly Class Schedule

## Effective 2/19/2018

	MON	TUES	WED	THUR	FRIDAY	SAT
6:00am	SWT		SWT		SWT	
7:00am						
8:00am	Fundamental Fitness (60+)	SWT	SWT		SWT	SWT
9:00am			SWT			
3:00pm	Youth Str/Cond (ages 10-14)	Youth Str/Cond (ages 10-14)		Youth Str/Cond (ages 10-14)	Youth Str/Cond (ages 10-14)	
4:00pm	Youth Str/Cond (ages 10-14)	Youth Str/Cond (ages 10-14)		Youth Str/Cond (ages 10-14)	Youth Str/Cond (ages 10-14)	
5:15pm	SWT		SWT		SWT	
6:00pm						

Want us to offer a class at a time not listed here? Let us know! Email [full360fitness1@gmail.com](mailto:full360fitness1@gmail.com)