



Weekly Class Schedule

Effective 7/1/2018

	MON	TUES	WED	THUR	FRIDAY	SAT
6:00am	SWT		SWT		SWT	
7:00am	Youth (ages 15-19)		SWT Youth (ages 10-14)		SWT Youth (ages 15-19)	
8:00am	Fundamental Fitness (60+)	SWT	SWT		SWT	SWT
9:00am	Youth (ages 10-14)		Youth (ages 10-14)		Youth (ages 10-14)	
12:00pm	Youth (ages 10-14)		Youth (ages 15-19)		Youth (ages 10-14)	
3:00pm						
4:00pm						
5:15pm	SWT		SWT			

Want us to offer a class at a time not listed here? Let us know! Email full360fitness1@gmail.com