



Weekly Class Schedule

Effective 9/1/2018

| | MON | TUES | WED | THUR | FRIDAY | SAT |
|---------|------------------------------|------|-----|----------------|--------|----------------|
| 6:00am | SWT | | SWT | | SWT | |
| 7:00am | | | SWT | | SWT | |
| 8:00am | SWT | SWT | | | | SWT |
| 9:00am | Fundamental Fitness (60+) | | SWT | | SWT | Youth Class |
| 12:00pm | | | | | | |
| 3:00pm | | | | | | |
| 4:00pm | Youth Class | | | Youth Class | | |
| 5:15pm | SWT | | | SWT | | |

Want us to offer a class at a time not listed here? Let us know! Email full360fitness1@gmail.com